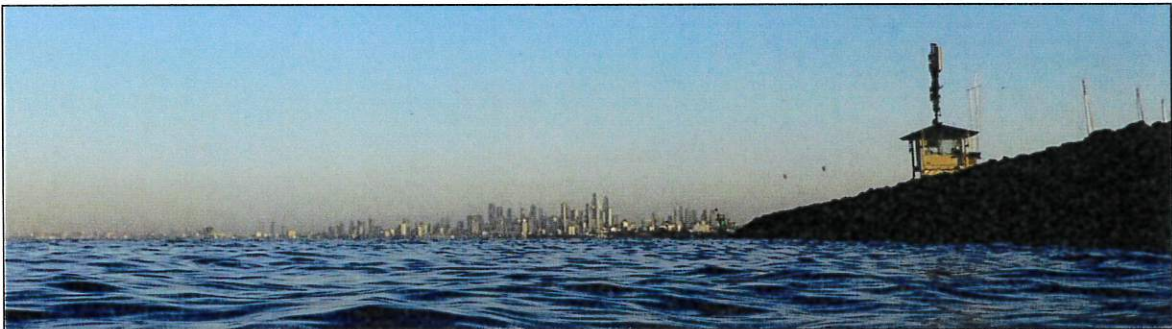


Melbourne’s year-round open water swimming group  
Lead Article – Captains of Industry Swimming Group - 8th April 2026



LtoR: Don Warner, Ingilby Dickson, Gary Cole, Fran Johnson, Janie Zacharin, John Tregaskis, Chris Yencken, Tom Naylor, Clifford Posner, Robbie Robertson.

| Topless Bathing in Berlin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | by Ria Bleathman                                                                     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <p>Women are allowed to swim topless in Berlin's public pools after a recent ruling by the city's authorities. It comes after a woman, who was thrown out of an open-air pool for sunbathing topless, took legal action.</p> <p>Authorities agreed the woman had been a victim of discrimination and said that all visitors to Berlin's pools were entitled to go topless. The decision was welcomed by those who champion Freikörperkultur- free body culture – or FKK for short.</p> <p>I lived in Germany for five years and was initially surprised by the sight of naked Germans playing in lakes, laying naked in its parks or sweating naked in its saunas. FKK embraces a broader German movement with a distinct spirit, where stripping down to your essence in the natural world has historically been an act of both resistance and relief. Visiting foreigners, at first find it a little confronting but they get into the swing of it quite readily.</p> |  |



The Iceberger Calendar

| Date                                              | Event                                                                 |
|---------------------------------------------------|-----------------------------------------------------------------------|
| Saturday 20 <sup>th</sup> June 2026 - 5pm at RBYC | Winter Solstice swim and dinner. Bookings essential - Sheree Reynolds |



## Petering out.....

by Ria Bleathman



LtoR: The Peters: Court, Homann, Miglic and Maddison

I received the above photo from Peter Miglic recently and decided to include it in this Newsletter even though it is not typical given that the subjects are fully clothed and basking in the afterglow of their swims rather than being mid-swim and focused on surviving the elements.

Nevertheless, the photo is noteworthy as Peter Miglic explained at the time:

We were sitting in the cafe and coincidentally realised that four happy, Icebergering Peters were all sitting in a row. There are many more Icebergering Peters and it's a little thought provoking because the name was so common in our generation and so uncommon in children of this generation. The name has almost disappeared today. I don't think there are any Peters at my children's school and Peter Court said the same thing about a different school.

I'm not sure if this is newsworthy enough to make the Newsletter, but I thought I'd send it through so you can keep it in case of a slow news week for the Newsletter.

Well, in response to Peter Miglic - yes, 'Peter' is the most popular name amongst Icebergers as noted in the Newsletter edition on 24<sup>th</sup> January 2020 (nine Peters at the time) and yes, the photo you provided is Newsletter-worthy and yes, it is a slow news week so the photo of our remnant population of Peters is included herewith for posterity.

## Winter Swimming Safety

by Scott Buchanan

For those who missed the very informative Safety Briefing with Iceberger Dr David Williams (pictured right) on 24<sup>th</sup> May 2026, I have listed below some of the risk mitigations discussed during his workshop which all swimmers should consider adopting as we enter our coldest period of the year:

- Swim with a buddy.
- Shorten your usual swim distances.
- Use ear plugs.
- Know the emergency exits around the marina.
- Double-cap.
- Be aware of the hypothermia risk-indicators.
- Wear a thermal cap.
- Know how to deal with hypothermia events.

The Iceberger Committee will be providing more updates relating to cold water swimming over the coming weeks, in the meantime, swim safe!



## Letters to the Editor – Swimming in the Dirac Sea, Newsletter 7<sup>th</sup> May 2026

John Scanlon - Excellent & Classic! Ria.

Keith Badger – You certainly took Icebergers into the most obscure and arcane subject matter yet with this Dirac Sea article. Fascinating 😊

Ted Baillieu - Great story. He visited Sydney in 1975. Maybe too old to have had a swim. But going by his theory, he could never be truly separated from the ocean.

Greg Kemp - I can't tell you how much I enjoyed reading your recent Iceberger blog on Paul Dirac. Many thanks. I had of course heard his name but hadn't really appreciated what he did and how good he was. And this is despite my trip to Cambridge University. But I've done some research now and hence know much more.

