

There are five progressive courses within the Dinghy Program on the Sailing Pathway

### **Start Sailing Intro**

Your Discover Sailing journey starts here as you learn introductory skills of sailing and are introduced to the fun of dinghy sailing in a safe and supportive environment.

### **Start Sailing 1**

Your Discover Sailing journey starts here as you learn the fundamental skills of sailing and are introduced to the fun of dinghy sailing in a safe and supportive environment.

### **Start Sailing 2**

Your Discover Sailing journey continues as you further develop all of the fundamental dinghy sailing skills. You are now equipped to sail your dinghy on your own voyages of discovery.

### **Better Sailing**

Discover Sailing in stronger winds as you develop the skills required to get maximum speed from your dinghy. Your journey speeds up as you experience the thrill of trapezing and using a spinnaker.

### **Start Racing**

Your Discover Sailing journey now takes you to your local club/centre where you can join in the fun and challenge of competition as you learn the basics of racing.

### **Better Racing**

Having enjoyed your introduction to racing it is now time to improve your performance and compete at a higher level. A greater understanding of tactics, wind patterns and boat tuning techniques will all help you get there.