



Name: Betty Ryan

Year first nominated for Membership of RBYC: 2025

Membership Term: 4

Membership Status: Senior family

Professional Background:

Betty is a Registered Nurse with 45 years of experience across both public and private hospitals. She has held senior leadership roles, including Nurse Unit Manager of Cabrini Emergency and Hospital Coordinator. Betty currently works in community nursing at The Alfred Hospital.

Betty and her husband Tony, also a senior member of RBYC, have four children and one grandchild.

Sailing Experience:

Whilst not a sailor, Betty is a dedicated swimming member who has a lifelong love of the ocean. She joined the RBYC during the Covid lockdowns, finding swimming both therapeutic and restorative. More importantly she discovered the care, support and friendship of the RBYC community.

RBYC Committee Experience:

Supported the Iceberger Committee for the past three years, contributing to:

- Development of Hypothermia Safe Cold - Water Guidelines
- Delivery of annual member education sessions, including CPR and defibrillation training
- Assistance with Iceberger merchandise development (bathers and hoodies)
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Previous community includes

- Kindergarten Social Coordinator
- President Primary School Education Board
- School Fair Coordinator (3 years)
- Treasurer Waverley District Netball Association (1,500 members) for 4 years

Personal Objectives:

Joining RBYC provided not only a place to swim, but a community. With my strong background in health, leadership and community service I am eager to contribute to the growth and vitality of the club.

If selected to the General Committee, my goals include:

- Supporting the Commodore and Flag Officers in all aspects of committee work
- Strengthening connections between swimming members and sailing members
- Encouraging participation in all forms of sailing and water activities
- Helping maintain the club's high standards of service and hospitality for members and guests