

09 July 2020

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As of 11.59pm on the 8th of July 2020, stage three (3) restrictions have been reintroduced for suburbs within Greater Melbourne and the Shire of Mitchell.

It is important to note that Victoria is still in a State of Emergency and Premier Daniel Andrews is telling Victorians there are only 4 reasons to be out:

- shopping for what you need - food and essential supplies
- medical, care or compassionate needs
- exercise in compliance with the public gathering requirements
- work and study if you can't work or learn remotely

From 11:59pm, 8 July in metropolitan Melbourne or the Shire of Mitchell the following activities will be restricted:

- You can only exercise or undertake sporting activities outside with one other person or household members. You must be able to keep 1.5 metres distance between yourself and others.
- Indoor sports centres including gyms, training facilities and pools will be closed.
- Community sport training and competition cannot occur within metropolitan Melbourne and Mitchell Shire.
- If you live in metropolitan Melbourne and Mitchell Shire, you cannot attend or participate in community sport elsewhere.
- People aged 18 years and younger are not exempt from this restriction.
- Some outdoor sport facilities will be closed.
- Personal training outdoors can occur but with a limit of two participants, in addition to the instructor.
- Swimming pools will be closed.
- Outdoor sport facilities can open if people can exercise outside, equipment is not shared or rented, no indoor facilities or shared facilities (except toilets) are used, and people must be able to keep 1.5 metres distance between each other.
- Where outdoor facilities can open, these facilities must have a patron cap of 10, unless each group of two can maintain 100 meters distance from all other people. Examples of outdoor facilities which may be able to open under these requirements include golf courses, footy ovals, tennis courts, or outdoor shooting ranges.
- If you live in metropolitan Melbourne and Mitchell Shire, you cannot travel outside of the area to exercise or for outdoor recreation.

Can I use sports club facilities?

- You can use toilet facilities connected to a permitted sport location. However, clubhouses, bars, eating areas, indoor sitting areas, showers and change facilities must remain closed. You should not drink from public drinking fountains.
- Bars and restaurants can only remain open if it offers takeaway or delivery services – no sit-down meals or drinks are permitted.

Sailing Specific Summary:

Australian Sailing's initial interpretation of these new restrictions is that:

- Club organised racing or training are not permitted
- You can go sailing recreationally (not organised club racing/ training) in a single-handed dinghy
- You can go sailing recreationally (not organised club racing/ training) in a keel boat with a maximum of two (2) people (if they do not live with you) as long as you keep the 1.5mtr distancing
- Sailing with family members from the same house is allowed as long as you can keep the 1.5 meter distancing while sailing
- Participants required to arrive dressed for the activity and change at home afterwards (get in get out)
- Participants are encouraged to get the flu shot
- Participants are encouraged to download the COVIDsafe app
- Participants regularly reminded not to take part if unwell
- Participants who suddenly feel unwell to be sent home and to follow govt Health Guidelines
- Clubs are encouraged to maintain a register of people entering the premises
- Clubs are encouraged to maintain a register of participants/ competitors
- Cleaning of all equipment to take place before and after activity including participants own equipment and boats
- Rigging space and marina / dock separation should be maintained while ashore
- Sign on/off recommended to be done electronically via phone, VHF or online

Please be assured AS is working hard to get as much information to you as we can and as quickly as we can. However, we do need to ensure we give you accurate advice. We will continue to communicate with you as further information comes to hand, in the meantime more information on the restrictions for Greater Melbourne and Mitchell Shire can be found at <https://www.dhhs.vic.gov.au/sport-and-exercise-metropolitan-melbourne-and-mitchell-shire-covid-19>

Regards

A handwritten signature in black ink, appearing to read "G Wall".

Gavin Wall
Australian Sailing
Regional Manager - Victoria